



FOR IMMEDIATE RELEASE

Contact: Kimberly Krautter
678-539-3453
kkrautter@virtualmagic.com

Relational Life Institute Hires Elizabeth McGuire to Initiate a Groundbreaking Effort to Advance Adolescent and Young Adult Intervention across the Nation

RLI resource to help stem the mental health crisis among college students

BOSTON—(September 9, 2008)— Boston think tank, Relational Life Institute (RLI), announced today the hiring of Elizabeth McGuire, MSW to advance a new approach to adolescent and young adult intervention that will match treatment services specifically to the needs of each patient and therapist. Ms. McGuire was hired because she is “rehab agnostic” and is unwed to one treatment center or modality.

Ms. McGuire will be a national resource to any therapist for advice on where to direct a patient for the most effective residential recovery services to match their treatment mode and the family's circumstances. This unique approach has proved to significantly increase the success rate of intervention therapy and reduce patient relapse.

Research estimates project that 1,088 suicides will occur on U.S. college campuses each year. Between 1989 and 2001, the suicide rate among college-aged youth tripled, and studies show that one in twelve college students make a suicide plan.

“One of the chief goals of Relational Life Therapy™ is to break the endless cycle of analysis and move clients more rapidly to healing,” says Terry Real, RLI founder and chairman. “This is essential in the case of adolescents with severe emotional and anger issues as well as those who battle cutting, eating disorders, addiction and other serious mental health issues.”

Ms. McGuire earned her Masters of Social Work from Boston College and is a trained Dialectic Behavioral Therapy Skills Coach. She is well versed in adolescent development, family systems, CBT, psychodynamic theory, dual diagnosis, trauma, and multiple theories and models for addiction and self-harm behaviors.

Ms. McGuire developed the basis for this new approach after she spent fifteen months from 2004-2006 crossing the United States evaluating residential schools and other therapeutic programs while observing patient-therapist associations in context. Her study elicited key markers for successful recovery and growth that allows young patients to move more quickly and successfully out of rehab and back to the family.

Since its founding in 2002 by acclaimed psychotherapist and author Terry Real, RLI has asserted that Relational Life Therapy used in conjunction with essential trauma and rehabilitation services for acutely affected patients expedites the return to a healthy state of psychological equilibrium where the deeper trigger problems can be addressed.

#